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New Yorkers head to the ballot box



Schwartzman can be a jerk sometimes

PAGE 2



Springsteen a children's author now?

PAGE 34



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Four facts

Metro spoke with Steven Plate, One World Trade Center's construction director, to find out more

about the logistics of building lower Manhattan's symbolic tower. Here's what

1 The white marble in the tower's lobby,

The tower is Leed Gold certified by the U.S. Green Building Council, Plate said the building doesn't just use energy, but converts used energy into electricity and feeds it back into the grid. Some 90 percent of the occupied spaces use natural light, and all storm water is recycled. "It's [the tower] saving the environment," Plate said.

3The building knows who you are, and where you're going. Plate said the turnstile technology is so advanced, that when an employee swipes in, they don't have to push a button on the elevator to go to their floor. "The

old days of pushing a button are over," Plate said.

Plate also said there was a "new story" dur-

ing every day of construc-

tion at One World Trade

Center, and that workers

braved sub-zero and over

100-degree days to finish

the work. REUTERS

1WTC in autumn

white carrara, was sourced and mined from the same northern Italy mountain region as the marble used in the original World Trade Center, as well as Michelangelo's "David."

he told us:

NEWS Top 3 What's trending online at Metro.us 1's Beyonce's next surprise album really due this month?' 2'Porn star Lisa Ann blasts Michael Del Zotto for harassing 3'26.2 of the best NYC Marathon posters and cheerers' Today's tweet "Can I work at Conde Nast so that

I can work at One

World Trade Center

every day?'

@KBAbrenica

1WTC welcomes its first tenants







From clockwise: A man looks out the windows at One World Trade Center. An empty office waits for workers to move in at One World Trade Center. Patrick Foye, executive director of the Port Authority of New York and New Jersey speaks to the media. / AARON ADLER, METRO

Downtown. One World Trade Center opened up for tenants for first time on Monday.

For the first time in 13 years, New Yorkers are going to work again at the World Trade Center.

About 175 workers from Conde Nast started working at One World Trade Center on Monday morning. The media company has leased about 1.2 million square feet on 24 floors of the tower, and is moving their global headquarters downtown from Times Square.

Officials from the Port Authority of New York and New Jersey, Conde-Nast, leasing company The Durst Organization and the 9/11 Memorial Museum held a brief press conference Monday as the tower opened to 175 employees.

Port Authority Executive Director Patrick Foye called One World Trade Center the "safest class A commercial building ... Inspiration

New home

Conde Nast employees downplayed reservations about the site's security.

'I can understand the fear," said Vijay Ramcharitar, a finance analyst at Conde Nast. "But I don't

think you look at this building with fear, you look at it with inspiration."

Some spoke of history going full circle.

Maryanne Casey, who works for a legal affiliate of Conde Nast, said moving into her new office

evoked particularly personal memories. She once worked at the World Trade Center and her firefighter brother helped in the aftermath of the attacks.

"It's a great tribute to America to see this," she



to read more about 1WTC's construction.

merous federal, state and local agencies, including the FBI and CBI consulted on the tower's security.

Noticeably absent were elected officials. Gov. Andrew Cuomo held a rally in the afternoon in Times Square with labor unions encouraging participation in Tuesday's election.

At 104 floors, the 1,776-foot tower is the highest building in the Western Hemisphere. The building's main entrance features a white marble lobby with a large, colorful, urban mural across from the security desk by Brooklyn-based artist José Parlá.

\$3.9 billion building began in 2006. The building is 60 percent leased, officials said, and other tenants include China Center New York LLC, a "business

and cultural center to support Chinese firms doing business in New York, Servcorp, KiDS Creative, U.S. General Services Administration, Cushman & Wakefield, Westfield and BMB Group.

Legends Hospitality Group, another tenant, will operate the tower's 63rd floor observatory, which offers sweeping views of the city with floor-to-ceiling windows. The observatory will open in the spring.

Steven Plate, director of WTC construction with Port Authority, said the tower is "a miracle, truly history in the making.



Construction on the in the world," and said nu-

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Startup opens free ATMs

Brooklyn. FreeATM launches Tuesday with 25 ATMs in Brooklyn and Manhattan.

FreeATM, a startup in Brooklyn, thinks it has solved a problem that irks all New Yorkers — paying surcharges on taking cash out of ATMs.

"Regardless of whether you are rich or poor or where you live, no one likes to pay the ATM fee," said Clinton Townsend, CEO of FreeATM.

Starting today, FreeATM will roll out 25 free ATMs at locations in Brooklyn and Manhattan, ranging from the Knitting Factory in Williamsburg to Cafe Olympia in Midtown. Another 30 ATMs will be installed by the end of December.

There is no surcharge to use the ATMs, instead the fee is replaced by ads that are displayed on top of the ATMs and the machine's screen. Banks may charge a small fee on the back end, but FreeATM wants to

work with banks to get rid of that as well.

"There was a period when I didn't have hot water in my apartment while I was getting this off the ground," Townsend said. "It took a while, but we've created demand in an area that impacts everyone."

FreeATM will display branded Metro content on their ATMs. **METRO**



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Bronx

Man stabbed to death on hotel stairs

The NYPD have arrested a man they say stabbed a man to death in a Bronx hotel on Sunday.

Eddie Davis, 53, has been arrested on charges of seconddegree murder, police said Monday.

Officers responded to the Grand Concourse Hotel at 2327 Grand Concourse at 5:35 p.m. on Sunday. Rivera, 45, was found in a stairwell with stab wounds to the chest.

Rivera, whose address is listed at the hotel, was pronounced dead shortly after that.

Manhattan

FDNY dispatch goes dark for two hours

The FDNY's dispatch system reportedly suffered a malfunction on Monday afternoon when it went down for two hours, according to a report by DNAinfo.

The system, which prioritizes 911 calls and assigns emergencies to ambulance teams, allegedly went dark at around 2:30 p.m., prompting dispatchers to write calls down on paper.

The system went back online at 4:10 p.m. Fire department spokesman Jim Long confirmed the outage to DNAinfo, admitting that "we haven't had outages for a while." METRO



Celebs mourn designer

A host of celebrities from Hugh Jackman to Hillary Clinton to Anna Wintour came out to pay their respects on Monday at the funeral of iconic fashion designer Oscar de la Renta. The service took place at St. Ignatius of Loyola on the Upper East Side. / GETTY IMAGES

New Yorkers head to the polls

New York Governor's race



Rob Astorino

Rob Astorino, a Republican from Westchester County, is challenging the incumbent governor. Astorino is serving his second term as county executive.

Astorino's key concerns are the economy, education and ethics. He believes New York under Cuomo is too highly taxed. Astorino plans to approve "clean and reliable natural gas exploration" and work to "bring control of education back to the local level."



Andrew Cuomo

Gov. Andrew Cuomo is seeking his second term in office. The governor received about two-thirds of the votes in the primary after a strong showing by liberal candidate Zephyr Teachout.

Cuomo, a Queens native, credits himself with balancing the state's budget for four years, giving middle class New Yorkers the lowest income tax rate since 1953, creating more than 440,000 jobs and reducing the unemployment rate to 6.7 percent.

New York State Attorney General

Eric Schneiderman

Attorney General Eric Schneiderman is seeking re-election. Schneiderman helped secure a \$13 billion settlement from JP Morgan Chase for their role in the housing collapse, and helped buy the police departments bulletproof vests.

John Cahill

John Cahill, co-founded a business development group with former Gov. George Pataki.

He previously served as the governor's chief of staff from 2001 to 2006 and he also served as the Department of Environmental Conservation's commissioner. New York State Comptroller

Robert Antonacci

Republican Robert Antonacci has served as Onondoga County's Comptroller for two terms and hopes to battle government inefficiency on the state level by getting the state's economy "back on the right track."

Thomas DiNapoli

Incumbent Democratic candidate Thomas Di-Napoli is seeking a third term as Comptroller.

term as Comptroller.
In his tenure, DiNapoli has proposed major budgetary reforms in order to cap state debt and establish emergency reserve funds

U.S. Congress 11th District

Domenic Recchia

Democrat Domenic Recchia is a former NYC Council Member from the 47th District, a position that he held for 11 years. For the past four years, Recchia has served as the New York City Council's Finance Chairman.

Michael Grimm

Republican Congressman Michael Grimm is seeking a third term as the representative for District 11. Grimm helped secure funding to support rebuilding efforts. Earlier this year he was hit with a 20-count federal indictment.

Amendments

Metro examines two of three amendments on Tuesday's ballot.

- If passed, Proposal 1 would create a 10-person commission that would be responsible for drawing state and congressional districts.
- Proposal 2, if passed, would require legislature bills to be sent out electronically, rather than a paper copy. According to a New York Times article, the legislature spends about \$325,000 printing bills every two years.

Voting information

Voters with any questions about election day voting should call the Board of Elections hotline at (866) VOTE-NYC.

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Tuesday, November 4, 2014

NEWS 6

Ferguson. AP: FAA no-fly zone during protests aimed at media

Local authorities requested a no-fly zone over the St. Louis suburb of Ferguson during street protests to keep news helicopters away, according to an Associated Press report, which cited audio recordings of federal aviation workers.

Police have been criticized for using rubber bullets, tear gas and dogs, and for pointing weapons at protesters during demonstrations that followed the shooting of unarmed black teenager Michael Brown by white Ferguson police officer Darren Wilson.

The Federal Aviation Administration imposed flight restrictions in 37 square miles of airspace surrounding the town for 12 days. Air traffic managers struggled to redefine the ban to let commercial flights operate at Lambert-St. Louis International Airport and to let police helicopters fly through the area but ban other traffic, the AP reported. REUTERS



FAA restrictions / GETTY IMAGES

Tagline

"They finally admitted it really was to keep the media out."

Said one FAA manager about the St. Louis County Police in a series of recorded telephone conversations obtained by the AP.

Maine Ebola nurse settles quarantine suit with state



Terms. Kaci Hickox can travel freely in public but must monitor her health closely.

The state of Maine and a nurse who had treated victims of the Ebola virus in West Africa reached a settlement deal on Monday, allowing her to travel freely in public but requiring her to monitor her health closely and report any symptoms.

The settlement, filed in nurse Kaci Hickox's hometown of Fort Kent, in Maine's far north, where she returned after being briefly quarantined in New Jersey, keeps in effect through Nov. 10 the terms of an order issued by a Maine judge on Friday.

Hickox returned to the

United States last month after treating Ebola patients in Sierra Leone and was quarantined in a tent outside a hospital in New Jersey for four days despite not showing any symptoms.

She sharply criticized the way both New Jersey Gov. Chris Christie and Maine Gov. Paul LePage responded to her case. Christie and LePage have defended how they handled it. REUTERS

Quoted

"It's hard to deny the fear and the safety concerns. But at the same time, we have to bear in mind what the law and the science savs."

Eric Saunders, an attorney for Hickox

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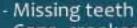
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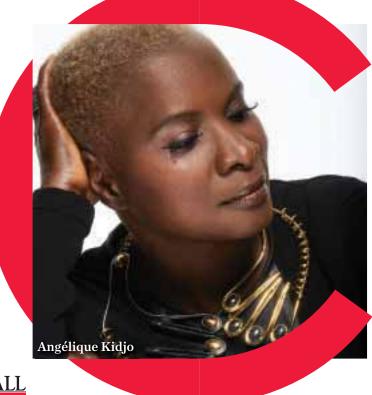
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Homeland Security

Enhanced security screening for travelers from Europe, Asia

Concerned about foreign fighters from Syria and Iraq, Washington imposed extra security measures on Monday for travelers from countries, mostly in Europe and Asia, whose citizens do not need a visa to get into the United States.

Homeland Security
Secretary Jeh Johnson said
people from countries in
the U.S. Visa Waiver Program will have to provide
additional information on
an electronic application
they need to file to be
eligible to enter. REUTERS



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Additional support is provided by the Mai Family Foundation, South African Tourism, and South African Airways.

UBUNTU is held in collaboration with the Department of Arts and Culture of the Republic of South Africa and the South African Consulate General in New York in celebration of 20 years of freedom and democracy











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Politics

Biden tells CNN that **Democrats** will keep the Senate

Vice President Joe Biden predicted Democrats . would retain control of the Senate in Tuesday's congressional elections but said that whatever happens, Republicans would have to work harder to make sure things get done in Washington.

In an interview with CNN, Biden said he did not agree with forecasters who say Republicans are poised to capture the six seats they need to take over the Senate. They are also expected to expand their majority in the House of Representatives.

"I don't agree with the oddsmakers," Biden said in the interview broadcast on Monday. "I predict we're going to keep the Senate."

Investigation. Rocket plane's tail activated prematurely in crash



A team investigating the fatal test-flight crash of a Virgin Galactic passenger spaceship found that its rotating tail, designed to ease re-entry into the atmosphere, was activated prematurely, and said pilot error could not be ruled out.

www.metro.us Tuesday, November 4, 2014

The preliminary findings of the National Transportation Safety Board were disclosed late Sunday by its acting chairman, Christopher Hart, but he said it was too soon to know whether the untimely unlocking of the tail mechanism caused

Friday's accident.

NTSB's Hart told a news conference on Sunday investigators had determined that the spacecraft's "feathering" tail system, designed to help slow its descent into the atmosphere from space, was supposed to have been released for deployment as the craft was traveling about 1.4 times the speed of sound.

Instead, the feather began rotating when the rocket-powered vehicle was traveling at Mach 1, the speed of sound.

STRAIGHT Talk





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10



Russia

Memorial to Apple founder dismantled

A memorial to Apple founder Steve Jobs has been dismantled in the Russian city of Saint Petersburg after the man who succeeded him at the company, Tim Cook, came out as gay.

The more than sixfeet-high monument, in the shape of an iPhone, was erected outside a Saint Petersburg college in January 2013 by a Russian group of companies called ZEFS.

Citing the need to abide by a law combating "gay propaganda," ZEFS said in a statement on Monday that the memorial had been removed on Friday the day after Apple CEO Cook had announced he was homosexual.

"In Russia, gay propaganda and other sexual perversions among minors are prohibited by law," ZEFS said. REUTERS

Auction. Original Apple computer could fetch up to \$600,000

A fully operational Apple computer that company co-founder Steve Jobs sold out of his parents' garage in 1976 for \$600 will hit the auction block in December, where it is expected to fetch more than half a million dollars, Christie's said on Monday.

The so-called Ricketts Apple-1 Personal Computer, named after its original owner Charles Ricketts and being sold on

Dec. 11, is the only known sur viving Apple-1 documented

vidual from the Los Altos, California, family home, Christie's said. REUTERS

Quoted

"It all started with the Apple-1 and with this particular machine.'

Andrew McVinish Christie's director





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11

Today's winner

To enter your submission for the Metro Photo Challenge to win a \$5,000 cash prize, go to www .metrophotochallenge.com.





'Sunset over Boathouse Row Cat'

Michelle Najecki, Philadelphia; Category: My City's Magic

Assisted suicide

Terminally ill woman ends her life

Notes of support and condolences poured in for right-to-die campaigner Brittany Maynard on Monday, as news spread that the terminally ill 29-year-old had ended her life over the weekend.

Maynard, who was diagnosed with a brain tumor and had announced plans to take medication to die when her pain became unbearable, had become the face of the right-to-die movement. The group Compassion & Choices, an Oregonbased nonprofit, helped her through the end of her life. **REUTERS**



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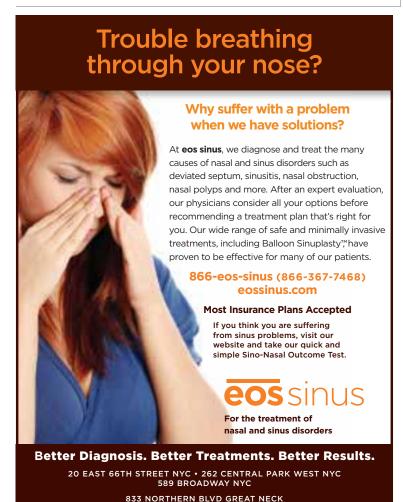
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Why Aren't Doctors Telling About These Two Often

Two Advanced Medical Treatments Every Knee Arthritis Sufferer

by OsteoRelief Institute

OsteoRelief Institute is a medical clinic with treatments, please understand joints basically "dries up." locations in Mid-town this... NYC, Financial District NYC And North Jersey that has treated thousands of knee arthritis patients since 2009.

Here is what every knee arthritis sufferer should about the best treatments and options available today. Including when and why you should consider each of these 2 treatment approaches to get maximum results.

If you suffer with knee arthritis pain, you have probably already tried many treatments especially ... countless pain medications.

Experienced doctors understand that, even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for knee arthritis pain... they are rarely the answer.

In most cases they have minimal results (if any) and have a laundry list of potential side effects. Some being serious and even life Viscosupplementation threatening.

Are There Any **Better Options?**

Thankfully, advancements in science and technology come extremely fast. And now there are two very good options for knee arthritis to help relieve the pain.

Two options that a lot of knee arthritis sufferers have never heard of.

REAL medical clinic that fluid." has treated thousands of arthritis sufferers. Patients travel from all over the country to be treated at one of their clinics because they want the best medical treatments available.

What you are about to $discover are two \,REAL \, medical$ treatments. Not miracle cures you see on infomercials or on the internet.

are these two treatments that have already helped thousands of knee arthritis sufferers possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that, not work. here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your

Before we get into the two In other words, your knee

The lubricating fluid that OsteoRelief Institute is a decreases is called "synovial

> Pharmaceutical companies (with the help of scientists) natural can now make gel-like synovial fluid compounds that, during viscosupplementation, treatments... doctors can precisely introduce directly into the knee and other

lubricating fluid to the knee Know this fact: There is no joint - allowing it to move cure for arthritis. But there more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the injection is slightly off, the medication will not get into the knee the better. joint and the treatment will

That's why the experts at OsteoRelief Institute use advanced digital imaging so they can see the medicine going directly into the knee joint during the treatment.

If you have tried viscosupplementation - this may be why.

That's why OsteoRelief Institute takes it even one step further. They do not just use one step process of advanced imaging during treatment -This helps replace the they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups. Just like all medications, some people respond better to some than others. While many doctors only use one brand, the experts at Osteorelief Institute use several and great effort is taken to figure out what the best one for YOU

start Viscosupplementation pain and restore function.

This is most likely because more joint destruction takes

That's why OsteoRelief is now seeing so many patients as young as 45.

Research shows that doctors **Summary:** If you have knee performing joint injections arthritis pain and have not without imaging miss the tried Viscosupplementation, joint as much as 30% of the you should look into it as soon as possible.

If you have tried it without good results, you may still without this special digital be able to get great results imaging without good results with the proper imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

conservative treatment, including visco supplementation fail... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true... and here

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2 Radiofrequency Neurotomy

This treatment is called, "Radiofrequncy Neurotomy." RF for short

RF is a procedure that is One last thing: The experts based on the theory that at OsteoRelief Institute have blocking the nerve supply to found that the earlier you the painful area may alleviate

Several branches of nerves that surround the knee are the longer you wait - the known as "genicular nerves."

> Radiofreguncy waves are delivered to the genicular nerves advanced under "block" imaging to nerves

Knee Arthritis Sufferers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Two procedures are performed. First, a test, resorting to total "G diagnostic determine if the procedure replacement surgery. is going to decrease pain and improve function.

is successful, Genicular patient still feels pain. Neurotomy (G - RF) is performed for long term relief.

Is It Safe?

Research has shown this procedure to be safe and effective.

One November 4, 2010 in the do not consider that might journal Pain found that be the difference between RF treated subjects on you getting the best possible average "achieved at least treatment or not. 50% knee pain relief at 1, 4 and 12 weeks, respectively. No patient reported a postprocedure adverse event during the follow-up period. RF neurotomy of genicular nerves leads to significant pain reduction and functional improvement in a subset of elderly chronic knee OA pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all research, more even more answers.

Who Should **Try This Treatment?**

RF should be considered after other treatments, such as anti-inflammatory medication viscosupplementation do not offer good enough results.

RF can be utilized before Block" replacement. procedure is done to many patients to avoid knee

RF has also been found effective AFTERknee If this first "test" procedure replacement surgery when the

> The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

What To Do Next If You Are In Pain

study published Here is the "X" factor many

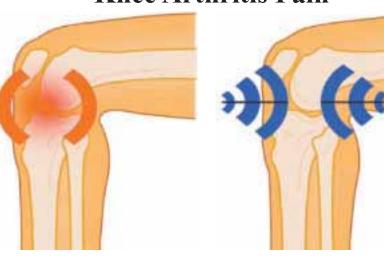
experts Many choosing a medical clinic that offers all these treatments and has the proper, most advanced technology under one roof.

This way, the doctors advanced medical clinics. working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments more expensive.

OsteoRelief believes this "X" factor is Institute.

Advanced Treatment Uses Radio Frequencies To Relieve **Knee Arthritis Pain**



Science rescues knee arthritis sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

one of the reasons so many If knee arthritis sufferers travel a from all over the country screening, to be treated at one of their

Your Invitation

OsteoRelief Institute offers a limited number complimentary These screenings are a way for knee arthritis sufferers to get some of in one place. Traveling to their questions answered different offices can be time and see if they are a consuming and and even candidate for one of the cutting-edge treatments Institute offered at OsteoRelief

you just 800-227-KNEE(5633) for next month. and tell the scheduling expert who answers the phone, "I would like cost and no obligation. a complimentary knee arthritis screening."

would like do not call in time to complimentary get one this month, the call expert will schedule you

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knee arthritis treatment The screenings fill up many insurance plans studies should be done to get best treatment options at screenings every month. fast every month. If you and Medicare.



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Real-world lessons the NFL teaches us

I've been a huge New York Giants fan all my life and watch as many NFL games each week as my schedule permits. Here are three lessons the NFL teaches us:

No. 1: Our society loves violence and war

Despite our society's condemnation of war, crime and violence, what we do for entertainment says otherwise. Sure, the NFL is popular since it creates champions and our nation loves its sports, but the NFL is pretty much as close as you can get to simulating

warfare. Although there are no weapons used, two opposing sides square off, intent on using their incredibly muscular bodies combined with detailed game plans to give it their all to defeat their opponent. And if they defeat enough opponents over the course of the season, they are champions of the Super Bowl.

No. 2: Hard work pays off

Despite the risk of serious injury that could happen at any point during their careers, football players spend their entire lives working their butts off for a chance to play in the NFL. Like any

No new Ebola cases or deaths in the U.S. mean we might actually be able to stop panicking about it (as much as possible while it's still ravaging Africa).

Both Orbital Sciences and Virgin Galactic have had their rockets explode in the past few days. We can't be too careful when dealing with space exploration.



other sport, it's a tremendous honor for an athlete to make it all the way to play on a professional level in front of tens of thousands of fans. And it's inspirational for us fans to hear about their stories and challenges they've faced along the way.

No. 3: We crave regularly scheduled content

At the end of a long week, my family, friends and I can't wait for the weekend during NFL season, a reassuring tradition we've come



to know and love. Now Monday night and Thursday night football provide us with a mid-week fix.

It brings friends and families together and every season is capped by what's become the premier advertising event of the year, the Super Bowl.

Yes, the NFL can be brutal — but life can be, too. The NFL is exciting and there are twists and turns in every game and season. The NFL is popular because it resembles our lives, and while it's not perfect we should cherish it.

What Sykes is into this week

The U.S. stock markets have recovered almost all their recent losses; long live the bull market!

Health insurance premiums will likely drop when we begin using apps to monitor our health the way car insurance has dropped using similar technology.



Winter is finally here. While it's miserable and snowing in some parts of the country, I am loving my life in Miami Beach this time of year.





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Funding for this project was provided by the United States Department of Health and Human Services, Administration for Children and Families, Grant # 90FM0057-01-00. Any opinions, findings, conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the United States Department of Health and Human Services, Administration for Children and Families.





Tips to spruce up your college applications

College. Wording is everything when it comes to standing out from the crowd.

Applying to college is one of the first adult responsibilities that teenagers face, and that pressure might add an extra level of anxiety to an already stressful process.

"Students have an idea in their heads of what admissions officers are looking for," notes Mari McQuaid, a college admissions counselor at IvyWise, a consulting company that offers students college counseling and test prep. "[But] some students skimp on the details that can be

advantageous to them."

We asked McQuaid to share some advice for the high school students currently working through the application process.

Show your personality

"It's harder to reject somebody if you feel that you kind of know them,' notes McQuaid. Too often, students are overly formal in their essays and application answers. She advises students to show colleges a bit more about their interests. "The biggest mistake is not providing enough context," she adds. Is there a reason you've always wanted to be a doctor or have chosen an education major? Including those stories will make your application richer.

"Don't be disrespectful," warns McQuaid, "but if you can inject your sense of humor it does make a difference. ... You can kind of see the students who are overly concerned with how they come off."

Use descriptive language

When describing things like extracurriculars and part-time jobs, students tend to be very literal, notes McQuaid. "Spin it in the best way possible," she advises. For example, a student who volunteers at a tutoring center often will say something like 'I helped kids with their



math homework,' which, while true, isn't particularly descriptive. "Saying that you mentored them or coached them sounds more impressive."

Did you have a mentor who helped you get to where you are today? "Give credit to those people," says McQuaid. "It balances everything out in a way."



Do your homework

Know the school you are applying to

Most applications have a question that simply asks students why they are interested in attending that particular school. "It's very, very important that students do their research so that their

essay is as strong as possible," says McQuaid. She recommends that applicants go to the university's website and look up the professors that they are likely to be taking classes with. Is there a particular class or major that intrigues you? Mentioning that — and explaining why — goes a long way.





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university. In addition, undergraduates benefit from one-on-one faculty advisement. A full-time faculty member is assigned to guide students in their chosen major or concentration and toward achieving their educational and professional goals.

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McGheeinformationsessions are held throughout the year. Please visit **sps.nyu.edu/mcghee-events1g** for further details and to register.

For more information about the NYU School of Professional Studies Paul McGhee Undergraduate Division, visit sps.nyu.edu/mcghee1g, e-mail mcgheeadmissions@nyu.edu, or call 212-998-7100.



A California native, Britton Burdick moved to New York after graduating high school. He attended college for a year before taking time off to decide what to do with his life. As he researched his options, he came across the NYU School of Professional Studies Paul McGhee Undergraduate Division. The rigorous course of study, flexible schedules, and hands-on learning experiences appealed to him. Enrolling in the B.A. in Social Sciences with a major in politics and a minor in philosophy, he has thrived in this unique learning environment. He is president of Phi Kappa Sigma at NYU, works as a communications assistant for the New York Republican State Committee, and served as vice president of public relations for the NYU Inter-Greek Council—all while earning his degree. Accomplished and driven, he is a perfect example of the bright, engaged, and inquisitive students that choose McGhee to complete their degree.

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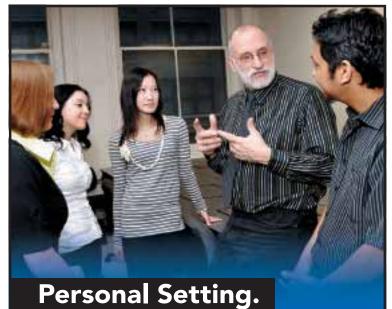
hile Typography is an ancient craft, dating back to the Greeks and before, what we know as modern type design actually began with the invention of the printing press and movable type in the fifteenth century. Many of the typefaces used today were invented 200, 300 and even 400 years ago, yet because of the precision and clarity of their design, they retain their power to communicate powerfully today.

However, today's digital age has launched a new revolution in Typography, the likes of which we haven't seen since Gutenberg's day. With the aide of modern computer illustration tools, type design is a flourishing craft, spawning thousands of new typefaces each year. In this environment, how can today's digital designers

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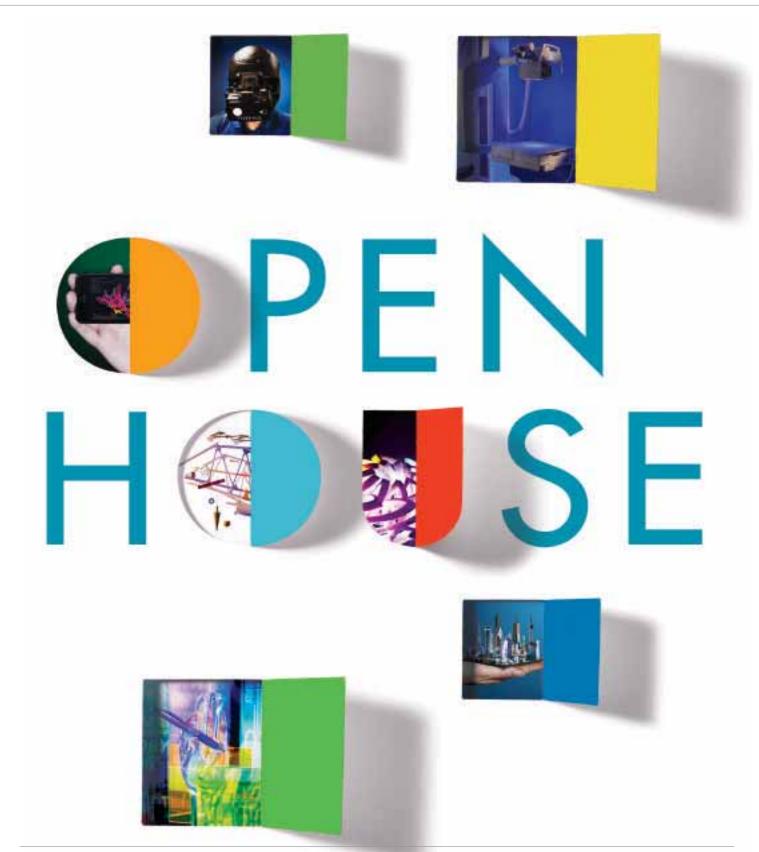






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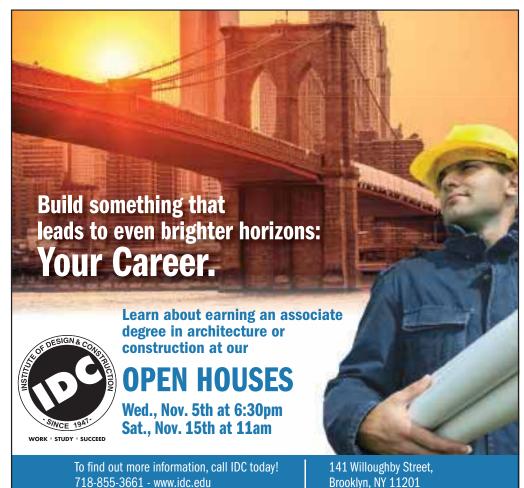
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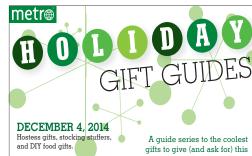
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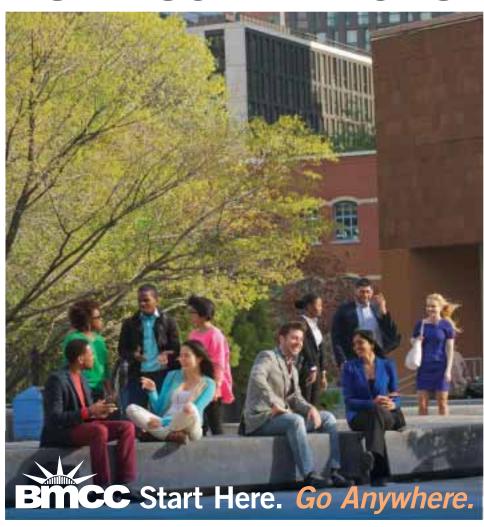
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THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR

Selena Gomez's friends continue to worry



Selena Gomez's well-intentioned friends are expressing concerns about her attachment to on-again, off-again boyfriend Justin Bieber again. Gomez is supposedly dating Orlando Bloom, but her friends are worried her heart isn't in it. "She is absolutely not into Orlando because she is still obsessed with Justin and always will be," a source tells Radar Online. "Everyone is really sick of hearing the same old story. Nothing changes with them. She gets back with him, he lies, he gets caught, she gets upset and then tries to make him jealous. She needs to just let go.'

Daily video

How about a throwback Tuesday to Spice up your week?

In honor of BBC News declaring the Spice Girls' "Wannabe" the catchiest song of all time, let's revisit the video for the 1996 hit, filmed in a single take at London's former Midland Grand Hotel. The song beat out 1,000 other singles from the past 75 years, with study participants able to recognize it in an





average of 2.9 seconds. The second catchiest song of all time is Lou Bega's "Mambo No. 5," followed





by "Eye of the Tiger." You're welcome? Visit us online to peep the daily

Heigl: Who, me, difficult?

Katherine Heigl has a new TV series debuting in a couple of weeks, which means she's doing lots of publicity which in turn means she has to deal with a lot of inquiries about her "difficult" reputation — such as in a recent Facebook Q&A session when a fan asked Heigl about "rumors that you're very rude." Boy, this should be good. 'Yeah, I've heard

those, too," Heigl responded. "Honestly, I don't think I am. Nothing makes me more uncomfortable than confrontation or hurting someone's feelings, and I would never, ever actively do so on purpose. Of course, just like any human being I've made mistakes and unwittingly or carelessly spoken or acted, but I always try to make any wrong right. That doesn't mean I won't stand up for myself by drawing

boundaries and asking to be treated kindly and respectfully, but I don't do that with any rude or unkind intentions, just with the same strength and honesty I think every one of us is entitled to." Dang it, if she's going to keep being so reasonable this isn't going to be any fun. Now what do I do? Mock her for ending a sentence with a preposition? Sheesh.

That's Lord Kanye to you, buddy

Kanye West wants to name his new \$20 million Los Angeles home after the fictional home on Downton Abbey," because of course he does. West, a noted master of subtlety and



understatement, "wants the home to resemble 'Downton' in its grandeur and 'regalness,' and there will be a sign naming it Highclere Castle," a source tells the

Idris Elba lets it slip that Loki might not be so low-key



"Avengers: Age of Ultron" could be an all-hands-ondeck affair, as Idris Elba let slip in a recent interview that he and "Thor" co-star Tom Hiddleston filmed a scene with Chris Hemsworth for the superhero sequel. "I'm in 'Avengers," Elba tells the Telegraph, 'and I'm doing a scene with Chris Hemsworth and Tom Hiddleston and they're like, [whispers] 'Aren't you [meant to be DJing in Ibiza?

InStyle editor lets it slip that Jessica Biel may be preggers

Social media can be a tricky thing when it comes to pregnancy. The last thing you want is a friend beating you to the punch in letting the world know you've got a bun in the oven, but that may be exactly what happened for Jessica Biel. Weeks of speculation that she and Justin Timberlake are expecting were seemingly confirmed recently when

Biel's pal, InStyle editor in-chief Ariel Foxman, posted an Înstagram photo of ĥim

and Biel together with the caption, "Congrats @jessicabiel on your impending motherhood. Looking forward to the red carpet maternity style pix to come." The post was soon removed, but not before a lot of people noticed. Looks like someone will be uninvited to the baby shower.



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passed on my "weight-lifter & herbal laxative

Twitter feed

Elizabeth Hurley is having fun abroad, Patton Oswalt is full of great ideas and

want to talk to Ozzy about

Kelly Osbourne doesn't

Viagra. The idea of it is

making her make typos!

@ElizabethHurley: Early evening in Mumbai and

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JASON SCHWARTZMAN

MODEL

26

Jason Schwartzman goes on the defense

Interview. The "Listen Up Philip" star says making his character nicer would have only made him worse.

> "Listen Up Philip," Jason Schwartzman plays a guy many people may find unlikable - a young novelist who is rude and insulting to most of the other characters. But softening him, Schwartzman argues, would make him

In Alex Ross Perry's

worse. "Every time we'd experiment with making him more likable, we'd make him more unlikable, because he

passive-aggressive — which I feel is the worst," Schwartzman says. "It became great that Philip was so direct and clear. Ŷou always knew where you stood with him. If the character was saying mean things only here and there, it'd be a different movie. But it's so extreme. You just had to say 'F-it, this is gong to be in the red. Let's just play it loud."

Not that Philip's girlfriend (Elisabeth Moss) is all that better. "They're not that different. Even though she's sweeter, she too is self-consumed. She wouldn't be an easy person to date," he says. By the time they were on the set, they were arguing, almost in character. "I was stick-ing up for Philip, whose actions are sometimes just terrible. And I said, 'Look, you don't exactly make it easy.' I only saw it from his point of view.'



Getting worse

The why of Philip

If Philip has any redeeming qualities, it's that he wasn't always this way. "Alex and I talked about him as a guy who was drinking a little bit, then drinking a little bit more, and then drinking a little bit more, and before you knew it, he was addicted," reveals Schwartzman. "Maybe in the beginning he's experimenting with

being mean and cruel, and it slowly overtakes him. Before he realizes it, he's lost touch."

Perry would tell him the film was about "mishandling success." "He was saying he had been at some film festivals and he would come back and he had met his heroes. He thought, what if a guy came back and was just like a d- to some of his friends? And

slowly he became more and more detached from his world. What would that movie be?" Schwartzman says. "That's' what this is - someone who got some success from his first book, and his hero likes him and he's written about. And he just severs all ties."



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Interview. The subject of 'Point and Shoot' on filming and fighting

The new documentary "Point and Shoot" tells a crazy story about a Baltimore guy, Matthew VanDyke, who on a whim went to Africa - only to wind up fighting in Libya's civil war. But the story, although wild, is serious. After he was done in Libya, VanDyke became entangled in the Syrian civil war, which he documented in the short film "Not Anymore: A Story of Revolution." And in December, he's going back to the Middle East to work on a project related to the fight against ISIS.

Becoming a war videographer wasn't the plan. "It's not something I set out to do. It sort of developed," VanDyke says. Then



Visit **Metro.us** for an interview with the film's director, Marshall Curry.

again, that's not unusual: "It's how everybody gets started in conflict filming and conflict reporting. Very few have training in journalism. They're the ones who have the guts to go over and do it. Whoever is willing to be there can do it. It's a real level playing field.

"Not that everyone can

do it well," he adds.

He also says there is talk from Hollywood. "But that's not something I'm focused on right now,' he says, as he soon returns to the Middle East. 'I'm taking everything I've learned over the years and applying it to the fight against ISIS."

He won't be filming or on the front lines. Instead, he'll be doing a variety of things, including aďvising.

VanDyke worries that making films doesn't have enough of an impact. "I'm someone who rarely believes the pen is mightier than the sword," he says. "I made the Syrian film so it would have a tangible effect on the ground. It did have a tangible effect, but not enough of one. I'm getting back into more direct action on the ground from now on. There are things I can do that are more effective for the cause." MATT PRIGGE



FILM

"POINT AND SHOOT." GETTY IMAG

"It's not something I set out to do. It sort of developed. It's how everybody gets started in conflict filming and conflict reporting."

VanDyke



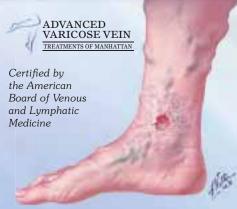
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Where your favorite writers like to hang

in New York in the '70s,

when a \$20 bill was

Social studies. It's no secret writers like to drink. This is where they do it.

metr⊕

Writing can be a lonely profession, so can you really blame authors for spending a little time at their favorite watering hole? Given writers' reputation for being boozehounds, they probably know the best bars to hang out at. "Come Here Often?" exposes 53 writers' favorite hangouts. Here, we highlight a few.

New York City

The writer: Madison Smartt Bell The bar: Milano's (51 E. Houston St.) The backstory: Bell

reminisces about living

enough to get you through the week. He bar-hopped along Bowery, Bleecker and Houston streets, and stumbled into Milano's one cold, winter night. The friendly bartenders, muted black-and-white TV and occasional dog gave him a hideout that felt more

like home than a bar filled with strangers.

Philadelphia

The writer: Josh Emmons The bar: Dirty Franks (347 S. 13th St.)

The backstory: Dirty Franks is the ultimate dive bar, with floors so sticky you know they haven't

Actors are boozehounds, too

Drunken bar stories from Hollywood heavyweights

Imagine a time before the paparazzi caught every celebrity's move on camera. Stars were free to get drunk, hook up and act out without fear that it would be

all over the Internet. So wouldn't you like to know what crazy antics they got into? A new book, "Of All the Gin Joints" is exposing those stories.

And better yet, cocktail recipes are included throughout the book. You'll devour both the wild stories and the recipes.

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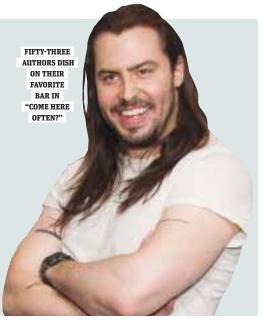


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New York

Andrew W. K.

The bar: Gabby O'Hara's (123 W. 39th St.) The backstory: Unlike a lot of New Yorkers, Andrew W.K. loves Midtown Manhattan. He's drawn to the chaos, where so many different people mingle, and he decided to make this part of the city his home. Amid this chaos, he established Gabby O'Hara's as his favorite neighborhood bar primarily because of the friendly bar staff. He became friends with the five core servers, who made it comfortable for him to wander in alone but leave feeling like he had the time of his life.





been washed in ages and somehow it hasn't been shut down by public health inspectors. So why does writer Josh Emmons love it so much? Well, it's cheap. And you can go in alone and start talking to fellow locals about the things that ail Philadelphia. But most importantly, it's authentic. With craft breweries and expensive wine bars taking over, it's one place that still keeps it real — and won't kick you out if you're drunk and spill half a pitcher on the floor.



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Taylor Swift dumps Spotify



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Industry news. The app attempts to woo her back with breakup playlists.

Yesterday, Taylor Swift pulled all her music from the streaming service Spotify, and the company is not happy about it. Not only did Swift pull all her music from her new album, "1989," but every single song she's released ever.

Spotify released the following statement about the breakup: "We love Taylor Swift and our more than 40 million users love her even more - nearly 16 million of them have played her songs in the last 30 days, and she's on

Number of playlists Taylor Swift's music was on prior to her pulling her songs from Spotify

over 19 million playlists. We hope she'll change her mind and join us in building a new music economy that works for everyone. We believe fans should be able to listen to music wherever and whenever they want, and that artists have an absolute right to be paid for their work and protected from piracy. That's why we pay nearly 70 percent of our revenue back to the music commu-

nity.
"PS — Taylor, we were both young when we first saw you, but now there's more than 40 million of us who want you to stay, stay, stay. It's a love story, baby, just say 'Yes.'

But Spotify didn't stop there. It is attempting to woo her back with special playlists and using hashtag #justsayyes to get her to change her mind. But surely Swift gets it. This isn't her first breakup.



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Campaign. Romeo Beckham busts a move for Burberry

Move over, Cara Delevingne - there's a new British star stealing the spotlight at Burberry.

Apparently, soccer legend David Beckham isn't the only one with fancy footwork in the family. For Burberry's new holiday campaign, 12-yearold Romeo Beckham spins and sways like a young Usher or Justin Timber-

"Romeo has charm, style and great energy! says Christopher Bailey, Burberry's chief creative and chief executive officer, who shot the video directorial debut.

The four-minute film, "From London with Love," follows a boy delivering a (gorgeously packaged) gift to a young couple, played by British models Hannah Dodds and Anders Hayward. They end up breaking into dance, as you do when you're in love. Over 50 dancers performed the routine choreographed by Lynne Page, best known



Quoted

"Romeo [Beckham] has charm, style and great energy!"

Christopher Bailey, Burberry's chief creative and chief executive officer

for her work in "Billy Elliot" - all exceptionally dressed in tailored suits, the brand's iconic trench coats and gorgeous gowns.

Along with the theatrics, the campaign kicks off Burberry's range of holiday gifts, which includes, for the first time, the option to monogram its heritage cashmere scarf.

And while the short is grand and romantic (seriously, it feels like the spirit of "Love Actually" trapped in a dreamy snow globe), it's really Beckham's highvoltage smile that will melt your heart. Watch out, Posh and Becks. METRO

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Kicky art: 'Killer Heels'

Exhibit. The **Brooklyn Museum** highlights "Killer Heels."

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A ubiquitous symbol of sex appeal, high heels physically and mentally empower wearers by elongating legs and improving postures all while creating a dramatic silhouette. "Killer Heels: The Art of the High-Heeled Shoe" at the Brooklyn Museum chronicles the heels' journey from Renaissance footwear for the royal elite to a sky-high accessory nearly universally loved.

The exhibition showcases over 160 heels within six categories. We picked four show-stoppers you must see to get the whole "pain for pleasure" appeal:

Masaya Kushino: 'Stairway to Heaven'

Kushino's haute-couture creations in the "Metamorphoses" section transform the heel into an artful spectacle through unconventional silhouettes.

If you go

'Killer Heels'

Through Feb. 15, 2015 Wednesday-Sunday 11 a.m. to 6:00 p.m. **Brooklyn Museum** 200 Eastern Pkwy \$16, 718-638-5000 www.brooklyn museum.org

Zaha Hadid: 'NOVA'

His "Stairway to Heaven" boots combine cow leather with more uncommon decorations including a draped foxtail cascading at the back of the heel and crow feathers situated on each outer side of the shoe in order to recreate the fierce wingspan of a bird in full flight.

Leanie van der **Vyver: 'Scary** Beautiful'

Van der Vyver's "Scary Beautiful" video explores what garishly lies beyond beauty ideals. In the place of shoes are oversized clawed stilts preventing the young actress from striding with ease. From a sensual catwalk to an unnatural struggle, Vyver's video investigates the point where sexy-chic ends and the grotesque begins.

DANIFLLE KALAMARAS @metronewyork

Christian Louboutin:

'Metropolis' Louboutin's signature

red soles evoke scandal and sexuality, a decadent pairing fit for the "Glamour and Fetish" section. The thigh-high red "Metropolis" boots in smooth calfskin leather are embellished with silver metallic studs, effectively blurring the lines between desire and domination.





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With its cobblestone streets, ocean views and colorful buildings, the historic section of Puerto Rico's capital is among the most picturesque urban areas in the territorial US.



to the more famous El Morro — is the largest Spanish fort in the Americas. The National

Explore a

Built in the 1700s to

protect the city from

Cristobal - sister fort

. invaders, Castillo de San

Park Service took it over from the army in the

1960s, and visitors can now explore the watch-

Looking for a good

selfie opportunity?

Johnny Depp filmed a

memorable scene in "Pi-

rates of the Caribbean:

On Stranger Tides" at

towers

fortress

Located along the northern city wall of Old San Juan, La Perla is a historically unsafe area now undergoing a facelift and worth a visit — although you may feel more comfortable going with a tour guide. The

Stroll off the beaten path

neighborhood was initially created as a community for servants and former slaves, to keep them away from the city's center. But today La Perla, which has stunning ocean views, is becoming known for its music and arts scene, with concerts held regularly.

Most tourists head to La Perla's Santa Maria Magdalena de Pazzis Cemetery, the final resting place of many of the island's most historic figures.

Lodging

New hotel option

Bringing the whole family for a warm weather vacay? Hyatt House, Puerto Rico's first extended-stay hotel, just opened in San Juan. The hotel features roomy suites with full kitchens and living rooms.



Eat like a local

Put finding a tasty mofongo high on your must-eat list. The fried plantain dish is usually served with meat or fish. Order it at Cafe Puerto Rico (208 Calle O'Donnell).

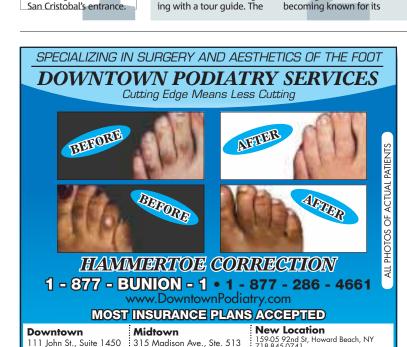
Head into the Condado section of San Juan for something a little less traditional at Budatai, where you'll find a fusion of Puerto Rican and Asian flavors from "Iron Chef" contestant Roberto Trevino.





The pina colada —
the rum and coconut
drink that traces its
history to San Juan
in the 1960s — has
quite a contested history. The Barrachina
(104 Calle Fortaleza)
and the Caribe Hilton
Hotel (1 San Geronimo St.) both claim
their bartenders
invented the sweet
cocktail, and both
have marble plaques
attesting to that fact
at their entrances.

Looking for a dive bar instead? The bartenders at El Batey, the oldest bar in San Juan, have plenty of tales to tell about life in Puerto Rico back in the day.



FREE CONSULTATION WITH THIS AD



Cool book for kids

'The Princess In Black'

Finally, a book for kids wherein a princess saves herself. "The Princess in Black" tells the tale of Princess Magnolia, who is expected to be prim, proper and enjoy a life of scones and tea. But what her royal family doesn't know is that she has an alter ego as, you guessed it, The Princess in Black.

When Magnolia is The Princess in Black, she trades in her fluffy pink gown for a cool black cape.

She runs, climbs things and fights monsters. Kids will love meeting this new nontraditional princess who bucks the stereotype of princesses

The book is written by husband and wife writing duo Shannon and Dean Hale, who are also the masterminds behind "Rapunzel's Revenge" and "Calamity Jack." Shannon Dale says the idea for the book came to them when their daughter Maggie told them, "Pink is a girl color, and purple and

yellow. But not black." They created this character to show her that black isn't just for male superheroes like Batman – girls can rock it, too. EMILY LAURENCE



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Bruce Springsteen releases book based on 'Outlaw Pete' song

Out today. Is this book for kids or adults? You be the judge.

There's no denying Bruce Springsteen's "Outlaw Pete" is a great song. But is a story about a bank robber trying to outrun his sins really for kids? We called the guy whose idea it was to turn the song into a picture book, illustrator Frank Caruso, for some clarification.

Is this book for kids or adults? It's kind of hard to tell.

It's an illustrated book based on Bruce's song "Outlaw Pete." Some people might call it a picture book for adults, but because of Bruce's influences for writing the song, it has a children's book feel. I like to think kids can understand the story. If you look at fairy tales, nursery rhymes and kids' movies, they deal with [similar] issues.



Kids' stories can be pretty dark.

Think about "Bambi" or "The Lion King." In "Finding Nemo," the barracuda eats his mom.

Was it difficult to figure out how to illustrate a story with gunfights, for example, since you knew people of all ages would be reading it?

Not really — because besides being a great song and a great story, Bruce created a great character. It's tied to the folklore of our country, and those are things that happened during that time. It's not

about the violence. It's about the character and trying to know yourself and coming to terms with who you are. That's what I was trying to illustrate; I was trying to illustrate the character. All of the other things going on are just part of the story.

How did you come to work together? Did you know each other before the collaboration?

No, although I was a big fan. Growing up in New Jersey, it's part of your fabric. I was working on a book for Andrew Vachss called "Heart Transplant" and

Wild, wild West

Did you grow up with Westerns?

My dad had Westerns on 24 hours a day. The biggest Super Bowl or World Series could have been go-

ing on and my dad would be watching "True Grit."



PHILIP FRIEDMAN

was listening to Bruce's album "Working on a Dream" while I worked. The first time I heard "Outlaw Pete," I thought, this is illustrated; Bruce illustrated it through his music and his words. So I started sketching around and [later] showed my sketches to my friend Dave Marsh, the host of E-Street Radio. When Bruce got back from touring, we connected and it went from there.



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Sagittarius | Nov. 22-

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V Capricorn | Dec. 22-Jan.

20. You will have trouble making up your mind. Rather than taking action in the spur of the moment, be patient.

🗻 Aquarius | Jan. 21-Feb.

18. Business prospects are forecasted. Show your superiors how dedicated you are. Your excellent work habits will allow you to negotiate.

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Don't enter into financial deals with fast-talking salespeople. Consider their motives before you part with your cash or commit.

T Aries | March 21-April 20.

Don't take a loved one for granted. Spend time nurturing and appreciating your most important relationships.

Taurus | April 21-May 21.

Consider talking to a life coach. A career change will take place if you head in a direction that makes better use of your skills.

II Gemini | May 22-June 20. Look for a new challenge. Someone who shares your interests will motivate

you to forge ahead with a Gancer | June 21-July 22. Think before you act. Becoming involved with

someone who has different

values and beliefs may seem

exciting and exotic, but seri-

ous ramifications are likely.

€ Leo | July 23-Aug. 22.

Open up the lines of communication with someone you are having a problem with. Don't make assump-

M Virgo | Aug. 23-Sept. 22. You deserve a special treat.

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△ Libra | Sept. 23-Oct. 22.

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How to play

Fill in the grid

so that every

row, every

column and every 3x3 box

contains the

You solve the puzzle with

reasoning and logic.

digits 1-9. There is no math involved.

Letters

Vote today

We are at a critical point in the history of this great nation. It is imperative that you cast your vote today. My wife and I chose to vote early. I urge all voters, regardless of your party affiliation, to vote in this year's elections, thereby participating in shaping our nation's future. In these worrisome times, your vote will make a huge difference in how America is perceived by free world nations who look to us for leadership. HERBERT W. STARK, VIA EMAIL

The great travesty of

I continue to read letters

crack down on lawless cyclists - yet not one of these people ever says the police should crack down on lawless pedestrians. Could it be that these twofaced hypocrites are themselves lawless pedestrians? We hate bad cyclists, too, just as we hate bad pedestrians. Explain WHY the police should only go after lawbreaking minorities (lawless cyclists), but NOT go after the lawbreaking majority (lawless pedestrians)? And if the police go after lawless cyclists and not lawless pedestrians, doesn't this just prove the cliche that cops go after minorities and are too scared to go after the lawless majority? JACK DICKENSON, VIA EMAIL

letters@metro.us



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that say the police should

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Sudoku: Easy and hard

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Crossword

Across

- 1 Male voice
- 6 Rain-delay rollout
- 10 Nowhere near
- 14 Toughen up
- 15 Readies champagne
- 16 About 2.2 lbs.
- 17 Hartford competitor
- 18 Proven through testing
- 20 Puts on a pedestal
- 22 Click "send"
- 23 Teens, often 26 Soda-can opener
- 27 Hold fast
- 28 Rank below earl 33 Indigo plants
- 34 Mr. Nader
- 35 - few rounds
- 36 Muddy
- 37 Freighter hazards
- 38 Like the universe 39 Mattress extra
- 40 European capital
- 41 Spirit in a bottle
- 42 Put in office
- 44 Ember
- 45 Blue or green
- 46 In (overdue) 47 Jockey — Cordero
- 50 Necklace site
- 52 Wrap-ups 54 Royal decrees

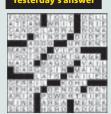
- 62 "MNF" channel
- 60 Aspect 61 Boggy lowlands

59 Hunter's need

63 Custer, to Crazy Horse

- **Down** 1 — Maria (coffee liqueur)
- 2 Map dir.
- 3 Wrench target 4 In baroque style
- 5 Library patrons
- 6 Wedding-cake layers
- 7 Pinnacle 8 Gym iterations
- 9 Air-pump meas.
- 10 Hands-on-hips
- 11 Pay-stub acronym
- 12 Jai —
- 13 Diner freebie 19 "— for the sky!"
- 21 Copper source
- 23 Shrimp entree
- 24 Sea off Greece
- 25 After seconds 26 Kitchen meas.
- 28 Legally binding
- 29 Cousteau's islands
- 30 Sudan neighbor 31 More meddlesome

- 32 Spuds
- 34 Unusual
- 37 Concert proceeds
- 38 Most gondoliers
- 40 Zahn or Abdul
- 41 Spotted animal
- 43 Subjects
- 44 -Magnon man
- 46 Pyromaniac's crime
- 47 "Oh, sure!" (2 wds.)
- 48 Renoir model
- 49 Feds (hyph.) 50 Holt and Considine
- 51 Rope fiber
- 53 "Norma —"
- 55 Outstanding
- 56 Speaker pro -57 Animal shelter



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SPORTS In the money

Yankees offer

to make that much an-nually. Rafael Soriano was the highest-paid reliever in baseball at \$14 million in 2014. He has a week to decide.



Giants never close in blowout defeat

NFL. New York didn't even look competitive in an ugly performance against the Colts coming off the bye.

The Giants dropped their third straight game, as the Colts grinded them into the turf for a 40-24 loss Monday night.

Big Blue was coming off the bye week, following two straight defeats to divisional rivals, and one would've thought they'd come out with a renewed sense of urgency. But it was the Colts (6-3) who meticulously dismantled the Giants (3-5).

Metro breaks down what went wrong in the defeat.

1Dropping the ball Giants head coach Tom Coughlin preached all week his team needed to "play above the Xs and Os," but his squad literally dropped opportunities to change the game's momentum. Coughlin committed the first guffaw when his slow trigger to challenge a call led to the Colts' first touchdown. Andrew Luck hit tight end Coby Fleener for a 32-yard touchdown as the duo



caught the Giants napping while their sideline deliberated whether to challenge the previous play that was ruled a completion, but looked otherwise. Safety Antrel Rolle dropped a sure-fire interception on the Colts' final drive of the first half. The misplay led to a 48yard field goal.

2Garbage man
Eli Manning and his of-

fense paled in comparison to Indianapolis' efficiency, as the quarterback was off-target on most of his throws - when he wasn't getting harried. Manning finished 27-of-52 for 359 yards, but much of it in garbage time with the Giants down 30 points late.

3Clean pocket It was an all-around porous effort for the Giants, as the defense was just as anemic. Luck was only sacked once and had lots of time to make the necessary throws downfield. Big Blue rarely even hit or knocked down the elusive Luck, as he connected with nine different receivers and threw for 354 yards and four touchdowns.

TONY WILLIAMS @TBone8

Foot work

Vick concerned with health. not future

Michael Vick is on only a one-year deal with the Jets, but it's not his future with the team he was being asked about Monday.

Coming off the Jets' eighth straight loss, the veteran starter was asked if he worries about the future of head coach Rex Ryan and the coaching staff if the team keeps losing.

"I think right now we have to live in the moment," Vick said. "We can't think about the future because it's something that we can't control. You'll go



in the loss to the Chiefs. / GETTY IMAGE

crazy trying to think about what's going to happen in the future. You focus on the present, you try to live in the moment and you go from there."

In the present, Vick is dealing with staying healthy enough to get

on the field Sunday. Vick left Sunday's game in the second half after his head bounced off the turf, but he returned after passing the concussion protocol.

"It's a whole protocol that you have to go through and I went through it," he said. "I did everything that I had to do [Śun]day. I did some [Sunday] night."

Vick is also dealing with a foot injury, which Ryan said was more concerning than the head injury. The injury has bugged him for a few weeks and was reaggravated against the Chiefs.

"I'm just going to continue to get treatment all week and just keep doing the same things I did last week and just try not to get it stepped on," Vick said. metro

Familiar face

Sanchez takes control in Philadelphia

While the Jets scramble to find a competent quarterback — any will do — an old face is taking over as starter just south on I-95.

Mark Sanchez was named starter for the Eagles indefinitely with Nick Foles out with a cracked collarbone.

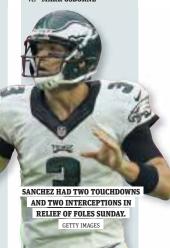
The Jets traded up to select Sanchez No. 5 overall in the 2009 NFL Draft and he led them to consecutive AFC Championship appearances before a year of struggles and an injury in 2013 led to his release.

Now, he's on a firstplace team in the NFC East.

"I feel great about Mark," said Eagles head coach Chip Kelly. "We felt great about him all along. ... I always said we needed two quarterbacks and [we] had a chance to get him in here. I thought he's done a great job in our system."

The Eagles and Jets are currently engaged in a game of musical chairs at quarterback. Sanchez was dumped in favor of Geno Smith, who has been replaced by Michael Vick. Vick was Foles' backup last season in Philadelphia.

"We don't look at it as a backup. We look at it as a starter," Kelly said. "We're looking for people to be starters because that better be your mindset going into it, because you are literally a play away from being a starter, and I think that's how Mark approached it." MARK OSBORNE



Prokhorov to Kidd: 'Don't let the door hit you'

NBA. The Nets owner clearly wasn't worried about what he lost before last night's home opener.

Mikhail Prokhorov has owned the Nets since May 2010, but his limited public comments have created the aura - and criticism — of an absentee owner.

He memorably spoke on Dec. 28, 2012, after making the decision to fire head coach Avery Johnson, with the Russian billionaire saying he had to cut a heliskiing trip short to attend to the state of the team.

Prokhorov delivered his first press conference since Jan. 12 on Monday. Much has changed in the interim, including the departures of head coach Jason Kidd and Paul Pierce.

"You know, I think there is a nice proverb in English: Don't let the door hit you where the good lord split you," Prokhorov said. "So, like I think each side did what we thought was the best, and I like what we have now. I think our structure is optimal. We have a very strong, experienced coach and very strong GM, Billy King. So, for the time being, we're [adjusting].

owner backed off on his championship talk, either.

"I think everything is OK," Prokhorov said. "I stay committed to the championship. I think if the stars align, we can do this. I think last year we had a couple of really bad injuries. We were not very lucky, but I think we were not the only team which suffered from the injury problem. What is good for us, I think, remains our organization that attracts great talent and great

The running joke with the 49-year-old is that he will get married in 2015 if the Nets don't win the franchise's first NBA title. In his tenure, the Nets have lost Game 7 to the Bulls at home in the first round and fell in five games in the Eastern Con-



ference semifinals to the Heat last season.

'Between me and you, I haven't sent for the new wife," he joked. "And by the way, we have lost George Clooney. I think it's enough for this year."

Even with championship aspirations, there have been rumors Prokhorov is exploring at selling the team. Reports of a proposal for a partnership with Guggenheim Baseball Partners, the owner of the MLB's Dodgers, surfaced before

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the season. The team is reportedly worth \$1.7 billion dollars, aided by the rebranding in Brooklyn, after Prokhorov spent \$223 million in cash for the initial purchase.

"As soon as we moved to New York, it was a great lift for us, from a business point of view," Prokhorov said. "But of course you have to invest to be like the top teams of the NBA.

LARRY FLEISHER @LarryFleisher

Waiting on payday



SHUMPERT IS AVERAGING 10.7 POINTS PER GAME.

Shumpert not focused on extension

If Iman Shumpert was frustrated with the Knicks not offering him an extension before the Oct. 31 deadline he isn't showing it.

"I can't think about that," Shumpert told reporters after Sunday night's win over Charlotte. "We make the playoffs and I do what I'm supposed to do, things will happen.

Shumpert will be a restricted free agent next summer, though the team could come to an extension once the season is over.

Fellow 2011 firstround picks Kyrie Irving, Klay Thompson, Kemba Walker and Alec Burks are among the players who signed deals before the dead-

Quoted

"It's not a big deal just because I personally compensated this money from my pocket. and that's why I will keep the structure for the time being.

Mikhail Prokhorov, Nets majority owner, on reports he lost \$144 million on the team last season

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Do you feel like you can't get a good night's sleep?

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If you wake two or more times each night to urinate and have experienced these symptoms regularly for six months or more, you may qualify for this study.

Qualified participants may receive confidential study related medical care, including physical exam, lab tests, and study medication, at no cost, Additional compensation for travel and other expenses may also be provided.

For more information, please contact Manhattan Medical Research at 917-409-3929

Attention

Not feeling like your usual self?

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Maybe even a bit depressed?

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Right now, doctors at Manhattan Medical Research are conducting a research study of an investigational medication for low testosterone. Qualified participants will receive the study medication and all study-related care at no cost. Participants may also be compensated for their time.

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argo

Trouble navigating your depression?

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BMR

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for on-premise consumption. Church Cafe Wine Bar, Inc.

NOTICE IS HEREBY GIVEN that a license, Serial # 1281993 for Liquor, Wine & Beer has been

applied for by the undersigned to sell Liquor, Wine & Beer at retail

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applied for by the undersigned to sell Liquor, Wine & Beer at retail under the Alcoholic Beverage Control Law at 237 W. 35th St., NY, NY 10001. NY County, for on-premise consumption. TM 358 Corp.

NOTICE IS HEREBY GIVEN that a license, Number 2197723 for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail a Restaurant under the Alcoholic Beverage Control Law at 7567 Oswego Rd., Store 3, Liverpool, NY for on-premises consumption. Ocean Sushi Corp.

NOTICE IS HEREBY GIVEN that a license, 1280142 for Beer, Wine & Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Bar/Restaurant under the Alcoholic Beverage Control Law at 1223 Bedford Ave., Brooklyn, NY 11216 for on-premise consumption. Silver Lining Bar LLC

NOTICE IS HEREBY GIVEN that a NOTICE IS HEREBY GIVEN that a license, Serial # 1280759 for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 42-35 Main St, Unit 1M, Flushing, NY 11355 for onpremises consumption. H & J International Trading Inc.

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